

EVERY SCHOOL DAY COUNTS

From the desk of the NCDSB Attendance Counsellor

Dear Parents and Guardians,

As we embrace the Fall season, we encourage you to take advantage of the exciting school events and activities available for your child. These opportunities offer valuable, hands-on learning experiences that help your child to:

- Build a consistent and positive routine
- Connect with students and teachers
- Discover new interests and passions
- Develop and practice skills in a fun and interactive way

Every school day presents a chance for your child to learn and grow. Let's make the most of these enriching opportunities together!

Warm regards,

A Levesque

Attendance & Re-Engagement Counsellor



FALL FUN

Did you know?

School Absenteeism is associated with lower academic achievement in reading and math, which can cause students to struggle in later years academically, emotionally and financially.



“A new school year means new beginnings, new adventures, new friendships, and new challenges. The slate is clean and anything can happen.” - Denise Witmer

FALL INTO ROUTINE

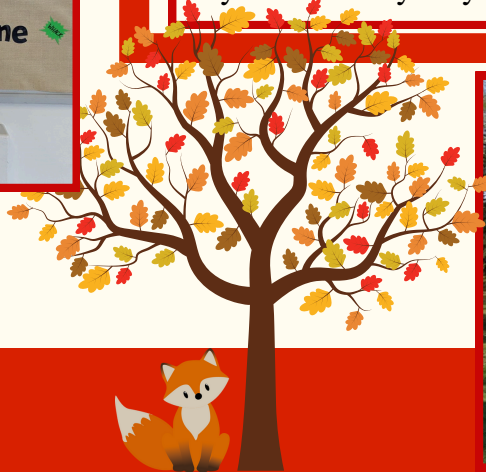


Be Positive - As the new school year begins, it's a wonderful opportunity for your child to forge new friendships and create lasting memories. Encourage regular and punctual attendance. Engage with your child's learning by asking open-ended questions. For example: "What games did you play at recess?" "Tell me something new you learned today?" "What made you feel happiest today?"

Be Assertive - Establishing a consistent morning and evening routine is key. Set specific bedtimes and wake-up times to ensure your child gets the recommended amount of sleep for their age. ex: 8:00 PM for bedtime and 6:00 AM for waking.

Be Resourceful - Empower your child by teaching them to set an alarm clock each evening for the morning. Use timers in the morning to help them stay on track. Consider incorporating tools like routine charts and breathing cards to assist your child in self-regulation.

Be Proactive - If your child is facing challenges with school attendance, don't hesitate to share your concerns with their teacher or school principal. Open communication can help identify and address any barriers they may be facing.



“No one is perfect, that's why pencils have erasers.” - Wolfgang Riebe